

Name _____

Date _____

Grades
4th & 5th

Menstruation

* Quiz 2 *

Multiple choice: Circle the correct answer. (1 pt. each)

1. Girls may start their first period as late as 11 14 16 19
2. Fertilization requires 1 2 3 4 of each, (an) egg cell(s) and sperm.
3. Change your pad every 1-2 3-4 10-12 24 hours, because this helps keep you clean and prevents build up of bacteria, which can develop an odor.

/ 3 pts.

Fill In the Blank: Write in the correct word to complete the sentence. (1 pt. per blank)

4. The reason why we have _____ is so that one day we can have a child.
5. A woman's pelvic reproductive organs include the _____, the _____ tubes, the uterus and the _____.
6. About 6 months to 1 year before a girl gets her first period, her body may start to produce _____.
7. Menstrual TSS is a rare medical illness caused by a toxin released by bacteria that may adhere to a tampon. The higher the tampon absorbency, the greater the risk of TSS. Early symptoms can include _____, _____, and _____.
8. During your first gynecological exam, the doctor will exam your _____ if they have begun to develop.
9. You were born with _____ of eggs in your _____ – these are all the eggs you have for your lifetime.

/ 10 pts.

Vocabulary: Write the definition of each word in the space provided. (3 pts per definition)

10. Bone mass: _____
11. OB-GYN: _____
12. Menstrual cycle _____
13. Tampon: _____

/ 12 pts.

TOTAL / 25 pts.

Developed by: Valerie Sabbag, Health Educator and curriculum developer.
This lesson was developed in consultation with Dr. Michelle Bourke.

Copyright © 2018 by Toyna J. Chin
All rights reserved.

Toyna chin
www.toynachin.com